Symptoms Of

Heart disease is a very serious and widespread spiritual problem. One's diet is a major contributing factor, but not the only factor. It is prevalent everywhere, even among those who profess to know Jesus, but especially among those who make no such noble claim! Heart disease manifests with various symptoms, some of which are more subtle than others. People with heart disease should go immediately to the Great Physician ASAP, who specializes in heart disease! This is very serious and nothing to play with. It's a matter of life or death, heaven or hell! He alone can perform the needed spiritual surgery:

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. (Ezek 36:26)

Heart Trouble

If it walks like a duck, quacks like a duck, swims like a duck, etc., it must be a duck! The same is true about people with heart disease! If you rarely talk about God, think about God, ponder God's word and do his will, how can the Holy Spirit be resident within you to be his (Rom. 8:9)? You have heart disease! If you talk about and love your mother, father, son or daughter more than Jesus and are most interested in pleasing them, how can you love Jesus more than your family to be worthy of Jesus (Mt. 10:37,38)? If you are more interested in your land or possessions than obeying God, you have heart disease. That even applies if you are newly married (Lk. 14:17-20)!

Another symptom of this killer heart disease among church people is a lack of concern about the multitude of lost souls around you. Some of these same lost souls respect and trust them to the point that they will listen to the gospel presentation from them, if one is given, but for various reasons a church person with heart disease does not. Heart disease is disastrous in more ways than one!

Change Your Diet

If you have heart disease, change your diet immediately. Stop listening to secular TV, radio, etc. and start to flood your mind with God's wonderful eternal truths as found in the Holy Bible. That's the kind of diet you need. To be spiritually minded is life and peace (Rom. 8: 6). Furthermore, if you have been eating spiritual food served by Catholics, Calvinists, Seventh Day Adventists, Church of Christ or any of the other many heretics of our day, stop immediately! Find another spiritual restaurant. Contaminated, poisoned, moldy or spoiled spiritual food will kill you.

If you have a healthy heart, you will love Jesus first and above all other people, your possessions, etc. Again, if you are free from heart disease, your love for Jesus is where it should be, it will be evident and people you encounter will observe it. They might not like it, but they will observe it. Also, God's will has shaped your personal goals, ambitions and priorities. You are living for him. There are symptoms of a healthy pure heart, just like there are of heart disease. Do you have heart disease now? If so, follow the Doctor's instructions!

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